

Backpacking Personal Gear List - Troop 14

4/28/13

Recommended Equipment to have on Backpacking Trips

- ** Each person's wants and needs vary, therefore their gear will vary. **Think small, think light.** Each scout is to determine what required gear is needed for that outing. It is your responsibility.
- ** Quantity and type of clothing dependent on length of trip, season and weather. At minimum, pack one extra set of clothes.

Outdoor Essentials

Packed

- Pocketknife
- Personal First Aid kit
- Rain Gear (rain jacket and rain pants; *poncho not acceptable*)
- Water Bottles - Nalgene, minimum 4-5 quarts of water per person
- Flashlight (or Headlamp)
- Food/Lunch (trail mix, power bars) - high protein, high energy
- Matches and Fire Starters
- Insect Repellent
- Sun Screen
- Lip Balm
- Compass, Maps

Backpack – All gear to be in pack or attached securely (in waterproof stuff sacks or plastic bags)

- Backpack
- Rain Cover (waterproof nylon; *trash bag not acceptable*)

Sleeping - Huts provide bunks, mattress, 3 wool blankets and a pillow

- Sleeping Bag Liner or sheets
- Pillow Case

Gear

- Nylon Cord / Rope - 50 feet
- Personal Mess Kit (As needed for Lunch - bowl, cup, fork/spoon)
- Toiletries (toilet paper, toothbrush, toothpaste, soap, comb/brush)
- Small Towel
- Straps / Bunge Cords (to secure equipment to pack)
- Large Plastic Trash Bags
- Various size Ziplock Bags (one large one to be used for personal trash bag)
- Plastic Shopping Bags (to use as boot liners when boots get wet)
- Whistle
- Carabineers

Clothes - Adjust for personal comfort, season and expected weather

- ** Wicking type clothing best, **NO cotton**
- Hiking Boots (waterproof)
- Camp shoes (lightweight, for around hut)
- Wool Socks / Sock Liners (x2)
- Underwear (x2)
- Thermal Underwear (tops and bottoms) - no cotton; depending on weather
- T14 Red Class B Shirt (x2) (wicking type)
- Shirt (long sleeve)
- Shorts (x2)
- Long Pants (zip-offs?)
- Fleece Jacket / Sweater (wool)
- Mittens or Gloves (waterproof)
- Hat (brim & knit)
- Clothes for sleeping

Personal Extras (optional)

- Bandana(s)
- Foot Powder
- Watch
- Camera
- Notebook, Pencil / Pen
- Sunglasses
- Spending Money
- Treking Poles

Training hikes - Pack gear noted above. Packs to weight 25 lbs minimum (including water/food). Including your portion of Food/Gear, your pack should not exceed 20% of your weight.

NO CELL PHONES, IPODS, ETC.